

# ALLERGY CHART January 2024

|                                | WHEAT/GLUTEN | SOYABEAN | PEANUT | TREE NUT | EGG | DAIRY | FISH | SHELLFISH | GARLIC | 1/23/2024   |
|--------------------------------|--------------|----------|--------|----------|-----|-------|------|-----------|--------|---|
| APPETIZERS                     |              |          |        |          |     |       |      |           |        | DESCRIPTION   |
| Wings - Buffalo Hot            |              | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Soy in Chicken. Lyozyme (Egg White protein) in Grana Padano/Dip. Dairy/Egg in Parmesan Dip. Garlic in Sauce and Dip                                     |
| Wings - Bourbon BBQ            |              | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Soy in Sauce, Chicken. Lyozyme (Egg White protein) in Grana Padano/Dip. Dairy/Egg in Parmesan Dip. Garlic in Sauce and Dip                              |
| Wings - Italian Style          |              | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Soy in Chicken. Lyozyme (Egg White protein) in Grana Padano/Dip. Dairy/Egg in Parmesan Dip. Garlic in Pesto and Dip                                     |
| Wings - Montreal S&P           |              | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Soy in Chicken. Lyozyme (Egg White protein) in Grana Padano/Dip. Dairy/Egg in Parmesan Dip. Garlic in Italiano/Montreal Steak/Dip                       |
| Wings - Asian Sesame           | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Sauce. Soy in Chicken, Sauce. Lyozyme (Egg White protein) in Grana Padano/Dip. Dairy/Egg in Parmesan Dip. Garlic in Teriyaki and Dip           |
| Wings - Thai Sweet Chili       | ▲            | ▲        | ▲      | ▲        | ▲   | ▲     | ▲    | ▲         | ▲      | Contains ALL in the Allergens in Sauce. Including Sesame  |
| Tenders                        | ▲            | ▲        |        | ▲        | ▲   | ▲     |      |           |        | Wheat, Soybean, Tree Nut, Egg, Dairy, in Tenders and coating  |
| Honey Mustard                  |              | ▲        |        |          | ▲   |       |      |           | ▲      | Soybean/Egg/Garlic in Sauce. Garlic in Dip  |
| Hummus+Flatbread               | ▲            | ▲        |        |          |     |       |      |           | ▲      | Wheat in Bread. Soy in Soy Sauce in Hummus. Garlic in Hummus/Spread/Oil   |
| Prosciutto Wrapped Mozza Balls | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Flatbread, Dairy in Garlic Spread, Cheese. Garlic in Flatbread   |
| Pork & Beef Meatballs          | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Meatballs. Soy in Meatballs. Egg in Meatballs. Dairy in Meatballs. Garlic in Sauce and Meatballs   |
| Bruschetta                     | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Grana Padano. Soy in Garlic spread. Dairy in Garlic spread. Garlic in Italiano Oil and Spread   |
| Parmesan Dip                   |              |          |        |          | ▲   | ▲     |      |           | ▲      | Lyozyme (Egg White protein) in Grana Padano. Egg in Mayo. Dairy in Sour Cream, Homo Milk. Garlic in Recipe  |
| Prawns Rose                    | ▲            | ▲        |        |          |     | ▲     |      | ▲         | ▲      | Wheat in Bread, Rose Sauce. Soy in Rose Sauce, Garlic Spread. Dairy in Rose Sauce, Feta, Garlic Spread. Shellfish in Prawns. Garlic in Sauce amd Spread |
| Seasoned Curly Fries           |              | ▲        |        | ▲        | ▲   | ▲     |      |           |        | Soybean Tree Nut Egg Dairy in fries and coating   |
| SOUPS & SALADS                 |              |          |        |          |     |       |      |           |        |   |
| Tomato Bisque                  | ▲            | ▲        |        |          |     | ▲     |      |           | ▲      | Wheat in Bread. Soy in Garlic Spread. Dairy in Garlic Spread, Soup, Feta. Garlic in Soup and in the spread  |
| Chicken Pasta Soup             | ▲            |          |        |          |     | ▲     |      |           | ▲      | Wheat in Flatbread, Dairy in Garlic Spread/(Egg White protein) in Grana. Garlic in Italiano Spice and in Spread   |
| Caesar Salad                   | ▲            |          |        |          | ▲   | ▲     | ▲    |           | ▲      | Wheat in Croutons. Lyozyme (Egg White protein) in Grana Padano. Egg in Dressing. Garlic in Dressing and Croutons  |
| Napoli Salad                   |              |          |        |          |     |       |      |           | ▲      | Garlic in Dressing  |
| Caprese Salad                  |              |          |        |          |     | ▲     |      |           | ▲      | Dairy in Fior. Garlic in Italiano(Dressing)   |
| Gorgonzola Walnut Salad        |              |          |        | ▲        |     | ▲     |      |           |        | Treenuts in Dressing + Walnuts. Dairy in Gorgonzola + Dressing.   |
| Famoso Salad                   |              | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Soy in Soppressata, Chicken, Egg in Dressing. Dairy in Cheese. Garlic in Soppresetta  |

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|-------------------------------|--------------|----------|--------|----------|-----|-------|------|-----------|--------|--|
| <b>NWP</b>                    |              |          |        |          |     |       |      |           |        |  |
| Classic Cheese and Tomato     | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough, Soy in Dough. Egg In Dough.                       |
|                               |              |          |        |          |     |       |      |           |        | Garlic in Italiano Seasoning(Sauce)  |
| Il Capo All Meat Pie          | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough/Meatball. Dairy in Cheese/Dough/Meatball, Soy in Dough.                   |
|                               |              |          |        |          |     |       |      |           |        | Egg In Dough. Garlic in Italiano Seasoning(Sauce)  |
| Supreme Comander              | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough, Soy in Dough. Egg In Dough.                       |
|                               |              |          |        |          |     |       |      |           |        | Garlic in Italiano Seasoning(Sauce)  |
| Chicken Alla Alfredo          | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough/Sauce, Soy in Dough/Chicken. Egg In Dough.         |
|                               |              |          |        |          |     |       |      |           |        | Garlic in Sauce and Montreal Steak   |
| Bacon Double Cheese Pie       | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough/Meatball. Dairy in Cheese/Dough/Meatball, Soy in Dough.                   |
|                               |              |          |        |          |     |       |      |           |        | Egg In Dough. Garlic in Italiano Seasoning(Sauce)  |
| Spicy Italian Ham & Pineapple | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough, Soy in Dough. Egg In Dough.                       |
|                               |              |          |        |          |     |       |      |           |        | Garlic in Italiano Seasoning(Sauce)  |
| Buffalo Chicken               | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough/Sauce, Soy in Dough/Chicken. Egg In Dough.         |
|                               |              |          |        |          |     |       |      |           |        | Garlic in Sauce  |
| Butter Chicken                | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough/Sauce, Soy in Dough/Sauce/Chicken                  |
|                               |              |          |        |          |     |       |      |           |        | Egg In Dough. Garlic in Sauce  |
| Shahi Paneer                  | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese/Dough/Sauce, Soy in Dough/Sauce/Chicken                  |
|                               |              |          |        |          |     |       |      |           |        | Egg In Dough. Garlic in Sauce  |
| Ultimate BBQ Feast            | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough/Meatballs. Dairy in Cheese/Dough/Meatball, Soy in Dough/Sauce.            |
|                               |              |          |        |          |     |       |      |           |        | Egg In Dough. Garlic in Sauce/Meatballs  |
| El Greco                      | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in                    |
|                               |              |          |        |          |     |       |      |           |        | Garlic in Italiano Seasoning(Base)   |
| <b>SANDWICHES</b>             |              |          |        |          |     |       |      |           |        |  |
| Meatball Sandwich             | ▲            | ▲        | ▲      |          | ▲   | ▲     |      |           | ▲      | Wheat in Bread, Meatballs. Soy in Meatballs/Spread. Egg in Meatballs.                    |
|                               |              |          |        |          |     |       |      |           |        | Dairy in Meatballs/Cheese/Garlic Spread. Garlic in Spread/Meatballs/Zesty Italian        |
| Brooklyn Deli                 | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Bread, Soy in Soppressetta, Dairy Spread. Egg in Mayo. Garlic in Sopp/Capicola/ |
|                               |              |          |        |          |     |       |      |           |        | Zesty Italian  |
| Chicken Supremo               | ▲            | ▲        |        |          | ▲   |       |      |           | ▲      | Wheat in Bread. Soy in Chicken, Garlic in Spread/Dressings. Dairy in Spread              |

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|---------------------------|--------------|----------|--------|----------|-----|-------|------|-----------|--------|--|
| PIZZAS                    |              |          |        |          |     |       |      |           |        | DESCRIPTION  |
| Margherita                | ▲            |          |        |          | ▲   | ▲     |      |           |        | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese.  |
| Plant Based Pepperoni     | ▲            |          |        | ▲        |     |       |      |           | ▲      | Wheat in Dough. Pepperoni. Tree Nut in Coconut Oil (Daiya).  |
| Prawn Pesto               | ▲            |          |        | ▲        | ▲   | ▲     |      | ▲         | ▲      | Wheat in Dough. Tree Nut in Pesto. Dairy in Cheese. Pesto. Lyozyme (Egg White protein) in Grana Padano. Shellfish in Shrimp. Garlic on Pizza |
| Primavera                 | ▲            |          |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese. Garlic in Italiano Oil and Mushrooms                           |
| Prosciutto Arugula        | ▲            |          |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese. Garlic in Italiano Oil   |
| Quattro Formaggi          | ▲            |          |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese. Garlic in Italiano Oil   |
| Siciliana (Meat Lovers)   | ▲            |          |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese. Garlic in Soppressetta and Capicola                            |
| Sweet BBQ Chicken         | ▲            | ▲        |        |          |     | ▲     |      |           | ▲      | Wheat in Dough. Soy in Chicken, Sauce. Dairy in Cheese. Garlic in Sauce  |
| Tuscan Forno Chicken      | ▲            | ▲        |        | ▲        | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Soy in Chicken. Tree Nuts in Pesto. Lyozyme (Egg White Protein) Garlic in Pesto  |
| Vesuvio                   | ▲            | ▲        |        |          |     | ▲     |      |           | ▲      | Wheat in Dough. Soy in Soppressatta. Dairy in Cheese. Garlic in Soppressetta   |
| Buffalo Chicken           | ▲            | ▲        |        |          |     | ▲     |      |           | ▲      | Wheat in Dough. Soy in Chicken, Sauce. Dairy in Cheese. Garlic in Sauce  |
| Abruzzo                   | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Soy in Soppressatta. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese. Garlic in Soppressetta and Mushrooms      |
| Famoso Hawaiian           | ▲            |          |        |          |     | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese. Garlic in Capicola  |
| Capricciosa               | ▲            |          |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Dough. Lyozyme (Egg White protein) in Grana Padano. Dairy in Cheese. Garlic in Mushrooms  |
| Cavoletti                 | ▲            |          |        | ▲        |     | ▲     |      |           | ▲      | Wheat in Dough. Tree Nut in Walnuts. Dairy in Cheese. Garlic in Italiano Oil   |
| Cheese + Pepperoni Lovers | ▲            |          |        |          |     | ▲     |      |           | ▲      | Wheat in Dough. Dairy in Cheese. Garlic in Pepperoni   |

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|--------------------------------|--------------|----------|--------|----------|-----|-------|------|-----------|--------|---|
| <b>PASTAS + ENTRÉES</b>        |              |          |        |          |     |       |      |           |        |   |
| Chicken Parmigiana             | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Shake & Bake, Bread, Noodles. Soy in Chicken, Garlic Spread. Garlic in Sauce and Spread. Lyozyme (Egg White protein) in Grana Padano. Dairy in Garlic Spread, Cheese.                                  |
| Fettuccine Alfredo             | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Alfredo, Bread, Noodles. Soy in Garlic Spread. Lyozyme (Egg White Protein) in Grana Padano. Dairy in Sauce, Garlic Spread, Grana Padano. Garlic in Sauce and Spread                                    |
| Spaghetti Pomodoro + Meatballs | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Noodles, Bread, Meatballs. Soy in Meatballs, Garlic Spread. Lyozyme (Egg White Protein) in Grana Padano. Egg in Meatballs. Dairy in Meatballs/Grana Padano/Spread/Ricotta                              |
| Spaghetti Pomodoro             | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Noodles, Bread. Soy in Garlic Spread. Lyozyme (Egg White Protein) in Grana. Dairy in Ricotta/Grana Padano/Garlic Spread. Garlic in Sauce/Spread  |
| Spaghetti Bolognese            | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Noodles, Bread, Meatballs. Soy in Meatballs, Garlic Spread. Lyozyme (Egg White Protein) in Grana Padano. Egg in Meatballs. Dairy in Meatballs, Grana Padano, Garlic Spread. Garlic in Sauce and Spread |
| Spaghetti Rose                 | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Noodles, Bread. Soy in Garlic Spread. Lyozyme (Egg White Protein) in Grana. Dairy in Feta/Grana/Sauce/Spread. Garlic in Sauce/Spread   |
| Gnocchi Rose                   | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Pasta/Bread. Soy in Garlic Spread. Lyozyme (Egg White Protein) in Grana. Egg in Pasta. Dairy in Feta/Grana/Sauce/Spread/Pasta. Garlic in Sauce/Spread  |
| Gnocchi Pomodoro               | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Pasta/Bread. Soy in Garlic Spread. Lyozyme (Egg White Protein) in Grana. Egg in Pasta. Dairy in Ricotta/Grana Padano/Pasta/Spread. Garlic in Sauce/Spread  |
| Ravioli in Alfredo             | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Alfredo/Bread/Pasta. Soy in Garlic Spread. Lyozyme (Egg White Protein) in Grana Padano. Eggs in Pasta. Dairy in Sauce/Spread/Grana/Pasta Garlic in Sauce and Spread                                    |
| Kids Mac and Cheese            | ▲            | ▲        |        |          | ▲   | ▲     |      |           | ▲      | Wheat in Noodles/Bread. Soy in Garlic Spread/Sauce. Lyozyme (Egg White Protein) in Grana. Dairy in Grana Padano/Spread/Sauce. Garlic in Sauce/Spread  |
| Fettuccine Alla Pesto          | ▲            | ▲        |        | ▲        | ▲   | ▲     |      | ▲         | ▲      | Wheat in Alfredo, Bread, Noodles. Soy in Garlic Spread. Lyozyme (Egg White protein) in Grana Padano. Dairy in Sauce/Garlic Spread/Grana Padano/Pesto. Prawns. Garlic in Sauce and Spread                        |
| <b>DESSERTS</b>                |              |          |        |          |     |       |      |           |        |   |
| Affogato *                     | ▲            |          |        |          |     | ▲     |      |           |        | Wheat in wafer, Dairy in Gelato.  |
| Nutella Pizza                  | ▲            | ▲        |        | ▲        |     | ▲     |      |           |        | Wheat in Dough. Soy in Nutella. Tree Nut in Nutella. Dairy in Whipped Cream.  |
| Nutella Supremo                | ▲            | ▲        |        | ▲        |     | ▲     |      |           |        | Wheat in Dough. Soy in Nutella. Tree Nut in Nutella. Dairy in Whipped Cream,  |
| Dolce and Banana               |              |          |        | ▲        |     | ▲     |      |           |        | Treenut in Pecan mixture. Dairy in Gelato(Possibly SOY depending on flavor)   |
| Tiramisu                       | ▲            |          |        | ▲        | ▲   | ▲     |      |           |        | Wheat in Wafer. Wheat, Treenut, Dairy in Tiramisu.  |
| Cheesecake                     | ▲            | ▲        |        |          | ▲   | ▲     |      |           |        | Wheat in Wafer, Cheesecake. Soy in Cheesecake. Egg in Cheesecake. Dairy in Cheesecake, Whipped Cream.   |
| <b>GELATO &amp; SORBETTO *</b> |              |          |        |          |     |       |      |           |        |   |
| Stracciatella                  |              | ▲        |        |          |     | ▲     |      |           |        |   |
| Limone                         |              |          |        |          |     |       |      |           |        |   |
| Madagascar Vanilla             |              |          |        |          |     | ▲     |      |           |        |   |
| Mint Stracciatella             |              | ▲        |        |          |     | ▲     |      |           |        |   |
| Salted Caramel                 |              | ▲        |        |          |     | ▲     |      |           |        |   |

\*Note our Gelato is not made in house. Nutritional and Allergen information has been provided by manufacturer